



April/May 2018 Newsletter

From the Director

Dear Parents:

There is a rumor that *spring* really is coming. Please take a moment to look at the beautiful flowers right in front of Hope. They were planted at our annual fall work day. What a joy it is to see them blooming. Take a moment to smell the flowers with your child.

It is hard to believe that we have finished spring conferences. The next few weeks will be so busy as we prepare for the end of the year. The children have made new friends, had many new experiences, and have grown and developed new skills - academic, social and emotional. It is truly amazing! I want to say thank you to all of our Hope families. Thank you for sharing your child with

Mark your calendars:

April 25

Spring Open House

April 27

Parent Breakfast

May 2

Summer Camp Meeting

May 4

Mother's Day Celebration

May 11

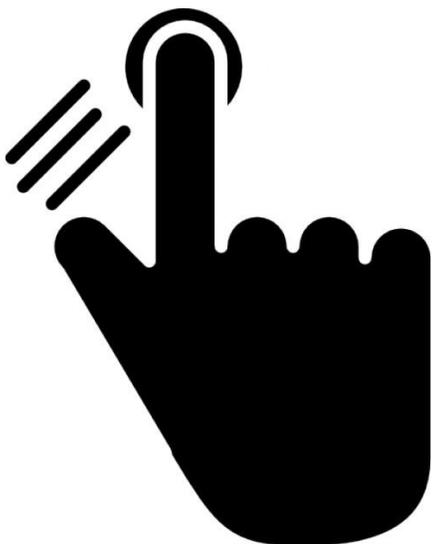
Spring Musical

us and for trusting the Montessori approach to education.

Children learn from the adults they spend their days with, and I am blessed to say we have amazing teachers and support staff at Hope. Every day the teachers arrive with open hearts, positive energy, and a desire to make a difference in a child's life. The entire Hope staff continues to impress me on a daily basis.

This time of the year is definitely bittersweet for all of us at Hope. Many of our Hope children will begin new schools in the fall, and it is our greatest wish that we have managed to give them both roots and wings. I know in my heart that children are deeply aware of how much we care for them. It is our hope that they take the feeling of love and respect with them, always. Our door is always open for each of you to come and visit us. We are deeply grateful and only wish the very best for your child and for you.

Theresa



Attendance Tracker

Thank you for being patient as we register every authorized individual into the new fingerprint scan system. It is our hope to start implementing this new procedure next week. If anyone has not registered, please stop by the office.

May 25
Last Day of School

May 29-Jun 1
Interim Week

Parent Breakfast.....Thursday, April 27, 2018, 7:30 – 8:30 a.m.

Our special guest and former Hope parent, Dr. Anu French, will give a presentation on "Mindfulness" She will integrate some gentle movement, yoga, sound healing breathwork, and tips to bring this into the home with little children.

Anu French, MD, is a pediatrician with SSM Health Cardinal Glennon Pediatrics. She is board-certified by both the American Board of Pediatrics and Integrative Medicine. Before joining SSM Health, she was in a private practice for a total of five years in both Michigan and Missouri. Dr. French takes a special interest in pediatric integrative medicine. She uses different therapies to address nutrition, sleep,

behavior, mental health, the mind-body connection, herbs, botanicals and supplements.

I am also starting to think about topics for next year's breakfasts and am always interested in what would be helpful to our Hope parents. Is there a specific parenting topic you would like to learn more about? If so, please email me your suggestions or simply stop by the office.

Bike Helmet Safety

It's time to dust off those bikes and scooters and inspect your kids' helmets!

Did you know that properly fitted helmets can reduce the risk of head injuries by 75 percent? Don't forget the safety pads to protect your children's elbows and knees too!

Safety Stop can help make sure your child is wearing the appropriate safety gear and that it fits properly.

[Click here](#) to learn about \$5 helmet and safety gear special and other services offered at St. Louis Children's Hospital's Safety Stop.

Allergy Season

Unfortunately, along with the beauty of spring come the seasonal allergies that accompany it. Over the years, it seems that the number of children at Hope affected by allergies/asthma has increased significantly. If it is necessary to restrict your child's activities outside, we will need documentation from your child's physician/allergist indicating the time period that they must be kept indoors, along with any medication instructions for both prescription and over-the-counter medicines. Thank you for your cooperation.



Mother's Day Celebration, Friday, May 4, 3:00 – 5:30 p.m.

Treat yourself to a "picture perfect" afternoon with your child and other Hope moms as we celebrate Mother's Day. Come celebrate with photo booth fun and have your picture taken with your child at our professional photo booth provided by Photograph & Video Innovations. You can have fun with your child making silly poses with funny props - all you need to bring is your smile! Cookies and lemonade in the multipurpose room will complete the celebration.

Summer Camp and Fall 2018 Registration

We are working on finalizing the information for Summer Camp, “Camp of the Arts”, and the 2018-2019 Academic Calendar. If you haven't turned in your re-enrollment forms, please do so promptly, **even if you are not planning to send your child to camp and/or not returning in the fall.** We currently have a wait list of families who are awaiting notification of availability to enroll at Hope.



Class Picnics

Please check outside your child's classroom for details for your classroom picnic.

Scheduled dates are:

Room 1 – May 9

Room 2 – May 23

Room 3 – May 18

Room 4 – May 10

Room 5 – May 18

Room 6 – May 17

Room 7 – May

25

May 22 (p.m.)

Kindergarten –

Interim Session, May 29- June1, 2018

The last day of Montessori classes is Friday, May 25, 2018. Children should take home all art work, extra clothing, pillow, blanket, coats & jackets, boots, and also empty drawers and cubbies. The building will be closed on Monday, May 28, for the Memorial Day holiday. On Tuesday, May 29, the children will move to their summer classrooms. The first day of camp is Monday, June 4, 2018, and swimming and other camp activities will begin that week.

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