

A Typical Day at Hope Montessori Infant & Toddler Community

- 6:30a School Opens
- 6:30-8:00a Breakfast is served
- 8:00a Toddlers transition to classrooms
- 8:00-11:00 *Morning Activities: includes snack, the morning work period, a designated time in our gross motor area, art, time for books/singing, outdoor play/walks, etc.
- 11:00a Preparation for Lunch
- 11:30a Lunch is served
- 12:15p Lunch clean-up and transition to nap
- 12:30-3:00p Afternoon Nap
- 3:00-6:00p *Afternoon Activities: Children are allowed to wake on their own. The afternoon, much like the morning, includes snack, work in the classroom, a designated time in our gross motor area, art, time for books/singing, outdoor play/walks, etc.
- 6:00p School Closes

*Times are approximate. As Maria Montessori advised, we “follow the child.” We observe children needing a variety of structure, movement, and purposeful activity. The Morning Work Period, ranging from 1-1 ½ hours, provides all of this. As we observe these needs and interests in the children, we will transition to meet those needs. For example, when the weather is especially nice, children may enjoy extended time outdoors. When the children are seeking concentration and structure, we allow self-directed time in the Montessori environment.

The infants’ routines vary greatly. Each infant follows their own routine. Their day includes needed naps, mealtime/bottles, and time to explore and move about the prepared Montessori environment. Adults are present, observing, and ready to meet the needs of the children, however, group instruction and activities are not encouraged at this age. As infants age and development, their routine will align with the above routine before they transition to a toddler classroom.